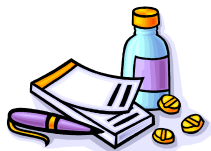


Pharmacists are experts on medicines, how they work and what conditions they treat. They can offer advice on minor ailments and decide whether you need to see a doctor. You can talk to your pharmacist in confidence, even about the most personal symptoms, without having to make an appointment.



If you would like this information in another language, Braille, large print, tape or in a range of electronic formats please contact Torfaen Local Health Board.

For more information on this scheme please call into your local community pharmacy, access our website [www.torfaenlhb.wales.nhs.uk](http://www.torfaenlhb.wales.nhs.uk) or contact

**Cheryl Morgan**

Torfaen Local Health Board

Tel: 01495 332200

Email:

[cheryl.morgan@torfaenlhb.wales.nhs.uk](mailto:cheryl.morgan@torfaenlhb.wales.nhs.uk)

A copy of the information given to the pharmacist will be shared with the Local Health Board and its payments agency to allow the pharmacist to be paid for their services and to enable the LHB to determine the use and success of the service.

Your personal details will not be used for any other purpose.

Mae'r daflen hon hefyd ar gael yn Gymraeg.

June 2006



Bwrdd Iechyd Lleol  
Local Health Board  
Tor-faen  
Torfaen



Patient Information Leaflet

Helping you care  
for yourself and  
your family



## Are you suffering from any of these conditions?

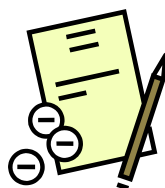
Athletes foot	Head Lice
Common Cold	Heartburn
Conjunctivitis	Indigestion
Constipation	Sore Throat
Cough	Threadworm
Diarrhoea	Tummy Upset
Earache	Vaginal Thrush
Hay Fever	Warts
Headache	Verrucas

### Yes?

Good news.....

You don't have to see your doctor, you can go straight to your local pharmacy.

If you are registered with a surgery in Torfaen, you can visit your local pharmacy for advice and treatment free of charge.



## How do I use this service?

If you feel you need some advice or treatment for one of the listed conditions follow these simple steps:

- Go to the pharmacy with proof that you are registered with a surgery in Torfaen. Proof can be:
  - the tear off part of your prescription,
  - your NHS card,
  - a surgery letter
  - a referral form from your surgery.
- Ask to speak to the pharmacist.
- Then the pharmacist will see you for a consultation where you will receive relevant advice or treatment free of charge.

## What will the pharmacist ask me?

- Proof to show you are registered with a surgery in Torfaen.
- What symptoms do you have?
- What other conditions do you suffer from and do you take any other medication?

These questions are to make sure that any advice and treatment given to you is suitable.



All information given to the pharmacist will be treated in a professional manner at all times